



The FreeStyle Libre 2 system – designed to replace routine finger prick testing¹

NICE diabetes guidelines updates.

T1DM

NICE guidelines support the use of isCGM²
or rtCGM³ in all adults with T1DM⁴:

Offer adults with T1DM a choice of isCGM or rtCGM based on their preferences, needs, characteristics, and functionality of the device.

T2DM

NICE guidelines support the use of isCGM in adults
with T2DM on MDI^{5,6}:

- ✓ Offer isCGM if they have recurrent hypoglycaemia or severe hypoglycaemia;
- ✓ impaired hypoglycaemia awareness;
- ✓ a condition or disability that means they cannot self-monitor their blood glucose by capillary blood glucose monitoring but could use an isCGM device (or have it scanned for them);
- ✓ they would otherwise be advised to self-measure at least 8 times a day;
- ✓ who would need help from a care worker or healthcare professional to monitor their blood glucose.

Offer the FreeStyle Libre 2 system (isCGM) to adults with insulin-treated T2DM that meet any one of the above criteria.

The Local Policy has been updated and can be found here:



Images are for illustrative purposes only. Not actual patient data.

FreeStyle Libre 2

Dear Healthcare Professional,

NICE guidelines now support the use of the FreeStyle Libre 2 system (isCGM) for all adults aged 18 and over with Type 1 Diabetes (T1DM)⁴ and adults with Type 2 diabetes (T2DM on MDI⁵).⁶

- 1 Try it for yourself
- 2 Learn the basics
- 3 Discover how to easily start patients.



Simply scan the QR code or click the link below, for everything you need to support your patients:
pro.freestyle.abbott/uk-en/home/primary-care.html



The FreeStyle Libre 2 system – Easy for your patients⁷, easy for you⁸

The FreeStyle Libre 2 system allows patients to monitor their glucose levels without the need for finger prick testing¹, and is proven to decrease HbA1c in people with T1DM⁹ and T2DM (MDIs)¹⁰.



Easy to wear¹¹ – The sensor is small, water-resistant¹², and can be easily applied to the back of the upper arm for up to 14 days



Easy to scan – All it takes is a quick 1-second scan over clothes¹³ to monitor glucose conveniently anytime¹⁴ and anywhere¹²



Easy to understand – FreeStyle Libre 2 system users find it easier to interpret results compared to other CGMs^{15,16}

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1. Finger pricks are required if glucose readings and alarms do not match symptoms or expectations. **2.** Intermittently scanned continuous glucose monitoring (isCGM, commonly referred to as 'flash'). **3.** Real-time continuous glucose monitoring. **4.** NICE guideline NG17 (2015) Last updated: 17 August 2022; available at <https://www.nice.org.uk/guidance/ng17>. Accessed Jan 2023. **5.** Multiple daily insulin injections. **6.** NICE guideline NG28 (2015) Last updated: 29 June 2022; available at <https://www.nice.org.uk/guidance/ng28>. Accessed Jan 2023. **7.** Haak, T. Diabetes Ther (2017): <https://doi.org/10.1007/s13300-016-0223-6>. **8.** Campbell, F. Pediatr Diabetes (2018): <https://doi.org/10.1111/pedi.12735>. **9.** Leelarathna, L. N Engl J Med. (2022): DOI: 10.1056/NEJMoa2205650. **10.** Yaron, M et al. Diabetes Care (2019): <https://doi.org/10.2337/dc18-0166>. **11.** Data on file, Abbott Diabetes Care, Inc. **12.** Sensor is water resistant in up to 1 metre (3 feet) of water for a maximum of 30 minutes. Do not immerse longer than 30 minutes. Not to be used above 10,000 feet. **13.** The reader captures data from the sensor within 1 cm to 4 cm of the sensor. **14.** 60-minute warm-up required when applying the sensor. **15.** Varughese, B et al. Diabetes Stoffw Herz 30 (2021): 231-242. **16.** Patient satisfaction and physician preferences reported for FreeStyle Libre 2, Dexcom G6/G5/G4, Eversense, Medtronic Guardian Sensor 3 and Enlite Sensor, and Medtrum A6TouchCare.

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