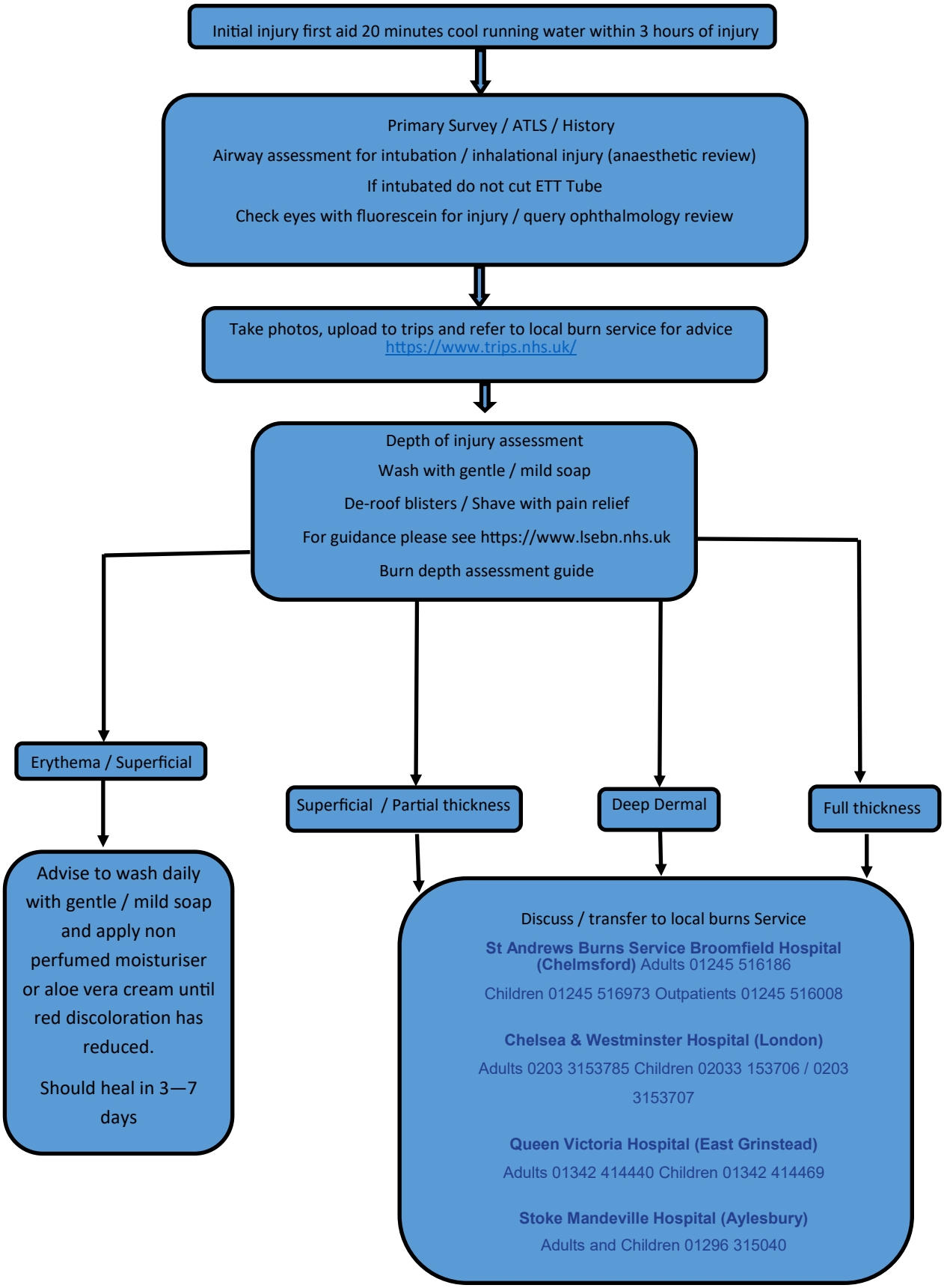
Face Care


Initial injury first aid 20 minutes cool running water within 3 hours of injury
Primary Survey / ATLS / History
Airway assessment for intubation / inhalational injury (anaesthetic review)
If intubated do not cut ETT Tube
Check eyes with fluorescein for injury / query ophthalmology review
Take photos, upload to trips and refer to local burn service for advice
https://www.trips.nhs.uk/
Depth of injury assessment
Wash with gentle / mild soap
De-roof blisters / Shave with pain relief
For guidance please see https://www.lsebn.nhs.uk
Burn depth assessment guide
Erythema / Superficial
Superficial / Partial thickness
Deep Dermal
Full thickness
Advise to wash daily with gentle / mild soap and apply non perfumed moisturiser or aloe vera cream until red discoloration has reduced.
Should heal in 3—7 days
Discuss / transfer to local burns Service
St Andrews Burns Service Broomfield Hospital (Chelmsford) Adults 01245 516186
Children 01245 516973 Outpatients 01245 516008
Chelsea & Westminster Hospital (London)
Adults 0203 3153785 Children 02033 153706 / 0203 3153707
Queen Victoria Hospital (East Grinstead)
Adults 01342 414440 Children 01342 414469
Stoke Mandeville Hospital (Aylesbury)
Adults and Children 01296 315040